Access

The Ann Arbor Center for Independent Living

Forging the Road to Freedom

For Children, Youth and Adults with Disabilities

Serving Washtenaw, Livingston and Monroe Counties

2008 Annual Feature & Directory of Community Resources, Health and Rehabilitation
The University of Michigan Model Spinal Cord Injury Care System provides comprehensive services for people with spinal cord injuries (SCI) during and after hospitalization — from inpatient care to outpatient rehabilitation and community reintegration. For more than 20 years, we have been working with the Ann Arbor Center for Independent Living to address independent living needs, including employment, to help people adjust to life with SCI.

We are an integral part of the U-M Health System’s state-of-the-art service program for people with SCI. We conduct innovative research and engage in a variety of information sharing and outreach activities.
WE’RE HERE FOR YOU
Serving the Ann Arbor area for over 40 years.

University of Michigan Home Care Services provides a full range of products and services for people with disabilities. We’re continually expanding our offerings with new and innovative products designed to help you live a more comfortable and independent life.

Our team of professionals will work with you to ensure your complete satisfaction. Whether it’s making sure your equipment fits properly; explaining the correct use of supplies; designing and building custom mobility products; or providing in-house nursing and care...we’re here for you.

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www.um-homecare.org
With the publication of this 19th edition of Access Magazine, the Ann Arbor Center for Independent Living has begun to write a new and exciting chapter in its long and rich history.

This past year, after many years of operating in what I will charitably describe as less than adequate leased space, the CIL made a down payment on a home of our own, a Gathering Place for the disability community. In this new space, the CIL is well-positioned for the future and to continue its efforts to serve the needs of persons with disabilities by creating opportunities to improve housing, employment, and community accessibility, provide access to assistive technology, and ensure individual rights through advocacy.

I believe that making this bold move, while not without risk, was absolutely the right thing to do at this time. In addition to building equity, we will have the opportunity to control and ensure proper maintenance of our space as well as make possible necessary renovations and future expansions. This will give us future capacity to provide a comfortable, spacious and functional environment for staff, volunteers and consumers.

All this comes at a price! Like most new property owners, we made a down payment, obtained a mortgage, and, in coming years, will need to raise funds to meet these expenses and to cover needed renovations and future expansions. You have an opportunity to become, through your financial support, an active supporter of the Gathering Place.

Your support of our upcoming Capital Campaign will make you a true friend of the Ann Arbor Center for Independent Living and assure the completion of the building purchase and renovation.

William Arthur Ward, a great American scholar, pastor and teacher said, “A true friend knows your weaknesses but shows you your strengths; feels your fears but fortifies your faith; sees your anxieties but frees your spirit; recognizes your disabilities but emphasizes your possibilities.” We invite you to become a friend of the Ann Arbor CIL and join with us in seeing the possibilities!
I arrived at the Ann Arbor Center for Independent Living on May 16th in 1982. We had four staff members, a dozen or so volunteer peer advocates, eight members of the board of directors, a majority of whom had a personal experience living every day with a disability, and an annual operating budget of a little less than $100,000 per year.

In 1976 we were the first Center for Independent Living in Michigan, and the fourth of now more than 600 across the United States. We were part of the emerging Independent Living and Civil Rights Movement created by and for people with disabilities. The early ’70s were exciting times and we had a growing reputation for amplifying the voice of people with disabilities.

Our small but mighty band of passionate and vocal activists provided peer support, individual and systems advocacy, and a little transportation by way of a well-used lift-equipped Dodge Maxi Van. We also recruited, trained and referred personal care assistants, and served several hundred people with disabilities a year.

We wanted the voices of people of all ages and with all kinds of disability characteristics to be heard by people who were making policy decisions and providing community-based services. Transportation, housing, personal assistance, education and health were our focus areas. Along with many other people and disability-oriented organizations, we worked hard to help pass the Americans with Disabilities Act in 1990.

I thought I would be here for two or three years, just long enough to help this fledgling organization find its sea legs, and then I would be on to broader vistas. But I became hooked, hooked on the people who were breathing their lives into this struggle for freedom and equality. I became hooked on the humanity of it all, on the importance of a struggle to be heard, valued, and included. And I became hooked on the importance of people with all kinds of disability characteristics being able to be a vibrant and active part of life – at home, at school, at work and in the community.

Now, nearly 27 years later I find myself still pushing forward, mentoring others as I was once mentored, and encouraging a new generation of vocal staff members, peer advocates, volunteers, and board members who are as equally passionate and vocal as their forbearers in “The Movement” for recognition and equality. Everyday they provide support, offer hope, and help transform lives. Everyday Ann Arbor CIL staff members and volunteers work diligently to carry out the promise of the Americans with Disability Act.

The Ann Arbor CIL has become a true “Gathering Place” for the disability community. It is a place where peer support and advocacy flourish, where people with disabilities of all ages rally for change, convene to do business, and relax with food, entertainment, and recreation. We share our personal experience with disability and proudly share our disability culture. In doing so, we create a stronger, more inclusive and vibrant community.

I hope you enjoy this 19th edition of Access Magazine.

Since 1976, the Ann Arbor Center for Independent Living has supported thousands of children, youth and adults with disabilities as they strive to be successful at home, at school, at work and in the community.

Where peer support, advocacy, and a sense of community flourish. Here people come to remove barriers that impede their freedom and independence, to spend time with each other, and to work together to make our community a better place to live.

We understand first-hand what it means to have a disability.

More than fifty percent of our volunteers, board members and staff are people with disabilities.

A national leader. The Ann Arbor CIL was the fourth Center for Independent Living in the nation and the first in Michigan. There are now more than 600 CLIs across the United States and throughout the world. The Ann Arbor CIL is also a founding member of Disability Network/Michigan, the collective voice of Michigan’s fifteen Centers for Independent Living.

We have a broad reach.

Each year the Ann Arbor CIL impacts the lives of more than 3,500 people with disabilities through direct services and hundreds more through our disability education and awareness programs.

THE ANN ARBOR CIL
PROVIDING SUPPORT
OFFERING HOPE
TRANSFORMING LIVES

“THE ANN ARBOR CIL CAN MAKE A DIFFERENCE IN ANYONE’S LIFE, WHETHER THROUGH HELP IN FINDING HOUSING, CHANGING A MINDSET, OR MAKING A FRIEND. THERE AREN’T A LOT OF PLACES IN THE COMMUNITY WHERE PEOPLE WITH DISABILITIES SEE THEIR PEERS WORKING AND BEING PRODUCTIVE.”

Anna Dusbiber,
Ann Arbor CIL Coordinator of Youth Services and individual with cerebral palsy.

THE ANN ARBOR CIL REALLY LISTENS.
“What people with disabilities say and what they mean are taken seriously.”

Peg Ball, Ann Arbor CIL volunteer, advocate and individual with spinal muscular atrophy.

Youth Services and individual with spinal muscular atrophy.

Access Magazine.

PRESIDENT’S DESK
by Jim Magyar

ACCESS 2008 | Ann Arbor Center for Independent Living

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It's a new day for the Ann Arbor CIL. In 2007, with significant help from many—current and former board members, staff members, friends, family, Ambassador and Mrs. Ronald Weiser, and McKinley—we made a down payment and moved into our new home at 3941 Research Park Drive in Ann Arbor, more than doubling the size of our facility. The move was a big step, and one that created a new foundation for an exciting future!

The focal point of our new building is “The Gathering Place.” The huge café-like kitchen and recreation area is where everyone comes to hang out. It has become a real place of community for those we serve.

The building also has several large conference rooms, our Assistive Technology Lab, a number of computer work stations, a large warehouse, grounds for sports and recreation activities, and ample staff and volunteer work areas. With the new building, we have created the ideal environment needed to achieve our mission.

“It’s in the Gathering Place where we come together to share our personal experience with disability, convene to do business, and proudly share our common disability history and culture. Here, lasting friendships are forged and true peer support emerges.”

“The Gathering Place is used by many people and groups. Just a few include:
- Ann Arbor Deaf Club
- Ann Arbor Chapter of The Lupus Alliance of America
- Ann Arbor Chapter of the National Association for the Physically Disabled
- Girl Talk, a support group for young women with disabilities
- Michigan Cochlear Implant Group
- Michigan Chapter of ADAPT, promoting community-based living
- Multiple Sclerosis Support Group
- Spinal Cord Injury Resource Group
- Stroke Survivor & Caregiver Support Group
- Washtenaw Chapter of the Brain Injury Association of Michigan

“I’m not a vocal person, but I’ve become part of a community here. Instead of being home with my illness, I’ve made friends. The CIL is a community that understands and accepts me for who I am. No one here asks me why I use a cane.”

Kathy Schoch, Ann Arbor CIL Consumer and individual with rheumatoid arthritis.

“‘Youth with disabilities now have a place to come, hang out, and socialize with peers. The benefits of bringing teens, who often feel isolated, together are tremendous. Youth who once were shy now flourish. The Gathering Place fosters a true sense of community among our youth members. This is a home and a place of meaning.”

Anna Dusbiber, Coordinator of Youth Services and individual with cerebral palsy.
Independent Living

When you have a disability, there are all kinds of challenges that create barriers to achieving freedom and independence. At the Ann Arbor CIL, our Independent Living (IL) Team members strive to promote opportunity, full inclusion, independent living, and economic and social self-sufficiency for the individuals they work with and help ensure that people with disabilities have the same access to resources as people without disabilities.

Our IL Team members Mike Bell, Alysa Mohr, Sue Probert, and George Ridenour understand that solving complex problems takes a great amount of emotional, physical, and financial energy. They have expertise in the availability of local accessible and affordable housing, transportation, community resources, Social Security benefits for people with disabilities, veterans challenges, nursing home transition options, and much more.

The IL Team members are especially skilled at helping people to set goals, eliminate counter-productive behaviors, prioritize, and sequence issues to work on, and devise a long-term approach to making a real difference on challenging issues. The staff keep working with people, providing ongoing support and encouragement throughout the process to help them take regular steps to accomplish their goals.

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Our IL Team can help with:

- Independent Living Consultations
- Having a disability can affect people in many ways. The IL Team helps people manage disability challenges and learn new ways of doing things. The IL Team also helps people with budgeting, problem-solving and decision-making, goal-setting, managing home environments, and getting organized.

- Connecting with Resources and Navigating Bureaucracies
- Understanding the world of resources in the community can sometimes be overwhelming and confusing. IL Team members have thorough knowledge of community resources and can help individuals with disabilities seek out the resources they need. The IL Team helps people communicate with employers, landlords, medical providers, and others. They help people fill out forms and make important phone calls.

- Advocacy
- Often people with disabilities need help standing up for what they need. All of our Ann Arbor CIL staff members help individuals learn about resources, advocate for themselves, and be heard.

- Benefits Consultation
- IL Team members are knowledgeable about benefit programs available to some people with disabilities, such as Social Security, Medicare, Medicaid, subsidized housing, and food stamps. They help people understand their options, make informed choices, and take steps to get the benefits they need.

- Housing and Transportation
- Finding affordable and accessible housing and transportation can be challenging and worrisome for many people with disabilities. Our IL Team members help people find accessible housing and transportation and can also help resolve problems such as disputes with landlords and difficulty paying rent.

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Many people with disabilities can find themselves living in nursing facilities when it’s not really necessary. “Too often, people just don’t know their options,” Mike Bell, Ann Arbor CIL Transition Specialist and individual with a spinal cord injury, said. “It’s important that people make informed choices and decide for themselves where they want to live.”

Deciding to move out of a nursing home and reenter the community can be challenging and complicated. Bell helps people evaluate whether moving out of a nursing facility and into their own home is the right thing for them to do. “It’s a step-by-step process, and we help people along the way. There are many things to think about, and there are a lot of risks. But there are a lot of benefits too,” he said.

Bell and the CIL staff help people learn about accessible housing options, in-home health services, out-patient medical care, and transportation options. Bell also assists people in finding resources for home accessibility modifications and in finding household items such as furniture and kitchen equipment. “One of the most important things we do, though, is help people find social and recreational pursuits. Once the basics are covered, getting connected with social and recreational outlets is the most important step in getting on a path to a full and meaningful life.”

Bell works collaboratively with the Area Agency on Aging I b, and the Michigan Department of Community Health’s Nursing Facility Transition Project.

The Ann Arbor CIL has partnered with the U of M’s Department of Physical Medicine and Rehabilitation for more than 25 years. Today, Hoatlin, Mike Bell, Clark Shuler and other peers with SCIs, co-facilitate Independent Living classes and provide peer support at the U of M Hospital, at Special Tree Rehabilitation, and at St. Joseph Mercy Hospital.

“Often they have just been in a life threatening accident and experienced a traumatic injury,” Hoatlin said. In the group sessions, he and the others work with individuals with newly-acquired spinal cord injuries. When Ann Arbor CIL staff meet with them the first time they are only just beginning to realize the challenges that lie ahead of them. “In most cases the onset of their injury has been so catastrophic that they often don’t know where to begin,” Hoatlin added.

“Helping people learn how to come to terms with a new disability is difficult but the most important thing we do,” Hoatlin said. SCI Independent Living and peer support group discussions include topics such as home accessibility and modifications, health and nutrition, bowel and bladder management, sexuality and relationships, family support, getting out in the community, transportation and driving, and sports and recreation options. “There is promise when we, as people many years post-SCI, show up on the rehab unit,” Hoatlin said. “We demonstrate that we are happy, perhaps in relationships, have had children after injury, have traveled, have careers and have succeeded. Most importantly, we are leading meaningful lives.”
“Assistive technology is any technology that helps people do what they want to do,” Rehabilitation Engineer Glen Ashlock said. “It can be as simple as a built-up handle on a spoon for someone with limited hand function, or as complex as a voice-activated computer system that turns on lights, operates the TV, and opens doors in the home.”

“Assistive technology levels the playing field and allows people with disabilities to do all the things that people without disabilities can do. It can help people enhance work productivity, create a safer home or work environment, and increase their independence from support services by family members or personal assistants,” Ashlock said.

“People make assumptions about what can’t be done. We’re here to show people what can be done. We often find a way to do something that someone didn’t think was possible. ‘There’s always a way,’ Ashlock said.

Assistive technology can benefit people with a wide range of disabilities – not just physical. For example, people with cognitive impairments or learning disabilities can use software that helps organize content on a web page and make it easier to read and understand.

Ashlock also does a lot of work with employers. “There’s a perception by employers that assistive technology is expensive. It can be, but it doesn’t have to be. ‘The technology can be a bargain when you compare it to the cost of hiring and retraining another employee to do the same thing,’ he said. ‘Worksite modifications can lead to a work environment that enables people to perform at their maximum potential.”

Examples of Assistive Technology:

- A visual magnifier on a computer screen and voice output software that reads the content of a computer screen for people with visual impairments.
- An alarm clock that shakes the bed to wake someone with a hearing impairment.
- Computer software that highlights words on a screen to help people with learning disabilities.
- Devices to answer the phone for people with mobility impairments.
- Modified tools for a dentist with arthritis.
- Voice recognition software.
- Large keyboards and on-screen keyboards.
- Keyboards that help someone type faster with one hand.
- A head mouse, enabling someone to control the use of a mouse with his or her head.

The Computer and AT Lab is a focal point of the Center’s new home. With five wheelchair accessible workstations and a wide variety of AT devices, it is a unique resource for people with disabilities in the community. The computers are used for training classes and drop-in use by consumers. The various AT equipment and devices are available for individuals to try out and evaluate.
**Advocacy and Education**

The Ann Arbor Center for Independent Living (CIL) is working to:

- **Increasing Curb Ramp and Sidewalk Safety**
  - Since 2002, the Ann Arbor CIL and the law firm of Heberle and Finnegan have been representing concerned citizens with disabilities in an effort to make sure that curb ramps and side walks in the cities of Ann Arbor, Monroe, and Ypsilanti comply with the Americans with Disabilities Act and Michigan’s Barrier Free Design standards.
  - Many curb ramps were too steep, did not have level landings, and often directed people with vision impairments into the middle of intersections.
  - "Each city has made great strides in improving the accessibility of city sidewalks for people with disabilities," Jim Magyar, Ann Arbor CIL President and CEO, said. People with disabilities faced hundreds of dangerous curb ramps that were causing them to fall out of their wheelchairs, trip while crossing the street, or encounter safety hazards at busy intersections. Today non-compliant curb ramps are being replaced on an annual basis and compliant curb ramps are required whenever roads are resurfaced or new construction takes place.

- **Increasing Voter Access**
  - "It’s our Constitutional right to be able to vote," CIL Advocacy Director Carolyn Grawi said. "Yet too often, people with disabilities don’t have the same opportunities to exercise this right." Many people with disabilities have never been able to independently cast a ballot. Since Congress passed the Help America Vote Act in 2002, our advocacy team has been involved in making sure Michigan has a fully-accessible ballot-marking machine in every precinct to enable people with disabilities to cast their ballots independently, privately, verifiably, and accurately.

The Ann Arbor CIL is also working to:

- Increase the availability of accessible regional public transportation.
- Improve the accessibility of our public schools.
- Ensure that parks and recreation areas are safer and more accessible.
- Provide disability etiquette and awareness presentations at schools, businesses, colleges and universities.

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**Advancing Accessible Housing**

When the Michigan Legislature was considering a bill to expand the accessibility of homes built with state dollars, the Ann Arbor CIL, along with other CILs and disability rights organizations across the state, got involved to let Lansing know what people with disabilities needed.

"Our advocacy efforts in this area were a huge success," Grawi said. "We wanted visitability — the right to be able to get in the doorway and use a bathroom. We got so much more."

Passed in 2006 the Inclusive Home Design Act sets new requirements for homes built using funds from the Michigan State Housing Development Authority. It requires that new homes have at least one zero-step entry that is 36-inches wide, a fully accessible bedroom and bathroom, and hallways wide enough to maneuver a wheelchair.

"I AM GREATLY PLEASED WITH HAVING THIS METHOD OF VOTING, BECAUSE IT ALLOWS ME TO VOTE IN COMPLETE PRIVACY AND WITH TOTAL AUTONOMY. WHILE I ALWAYS HAVE FELT RESPONSIBLE AS A VOTER, HAVING THIS MACHINE RAISES MY INTEREST TO NEW HEIGHTS. AS A CLINICAL PSYCHOLOGIST I AM GLAD TO KNOW THERE ARE PEOPLE LIKE CAROLYN WHO ARE WORKING ON THE IMPORTANT COMMUNITY CONCERNS THAT IMPACT PEOPLE WITH DISABILITIES."

Robert A. De Young, Ph.D., and individual who is blind.
The search for employment can be overwhelming, mystifying, and filled with hard work. Our employment search program helps individuals gain the knowledge, skills, and confidence to conduct an effective job search. We work with people of all ages, employment backgrounds, and education levels. Our goal is to help people discover work that is challenging, rewarding, and interesting.

**Thoughtful Career Planning**

“When we meet with a job-seeker, the first thing we discuss is the job-seeker’s background, what his or her goals are, and what steps he or she thinks need to be taken to get there,” Kathy Herron, Employment Team member, said. “Much of looking for a job involves looking at yourself: what do you enjoy most about working, and what are your most valuable traits and skills you can bring to a job? Far too often, people think they should be looking for one type of job, when in fact they might be happiest in a different type of job. As we all know, finding the ‘right’ job takes time.”

**Making the job search effective**

As job search activities get underway, Herron and her colleague Helen Ledgard help job seekers plan a smart and effective search. “One of the most important things we encourage people to do is networking activities,” Ledgard said. “These days, it’s not enough to apply for a job online and hope to get a call.” The Employment Team also helps people identify job openings; prepare resumes, cover letters, and job applications; and prepare for interviews.

**Disability-focused attention**

Some times having a disability can mean all kinds of questions for people in the workplace. We help job seekers figure out how to overcome disability-related challenges, how to communicate effectively about a disability, and how to ask for accommodations.

**Employment Services for Youth in Livingston County**

CIL and MRS Employment Team member Dan Durci works in Livingston County and helps students at Pinckney, Fowlerville, Brighton, and Howell High Schools. Helping youth gain skills to enter the world of work for the first time, Durci’s approach blends classroom instruction with practical, on-the-job training that enables students to earn wages and get connected to employers. The Livingston County Youth Programs are funded by the Livingston Educational Service Agency, Michigan Rehabilitation Services, Works Skills Corporation, and the individual employers.

**Personal Assistance Services Reimbursement for Employment Program (PASREP)**

The Personal Assistance Services Reimbursement for Employment Program is a state-funded program that provides reimbursement for the costs of personal assistance services required by people with disabilities to gain or maintain employment. The program is funded through Michigan Rehabilitation Services and is administered by the Ann Arbor CIL, with support from Disability Network / Michigan-member CILs in Grand Rapids, Midland and Sterling Heights.

Approximately 60 percent of the 52 million Americans with disabilities face unemployment. In Michigan, only 25 percent of people with disabilities are employed!

Yet people with disabilities are a talented and diverse group of people who are trained, educated, and able to work. Most people with disabilities want to work and are great workers!
**MicroEnterprise Works**

HELPs PEOPLE WITH DISABILITIES REALIZE their DREAMS

Through the Microenterprise Works program, Rick Weir and Cheranissa Roach change lives. MicroEnterprise Works (MEW) is a program that helps people with disabilities realize their dreams by starting their own business.

**KELLY KROlSKE**

Since working with MEW, Kelly Kroske has built up a very satisfied client base and established a quality reputation for her business doing graphic design work. Kroske originally came to MEW because she wanted to have a work life that fitted with her disability needs and also allowed her to pursue her two interests—music therapy and graphic design work.

“(The MEW staff) helped me remove some major roadblocks and assisted me in focusing on success. Their recommendations, support, and information on solid business planning made it possible for me to continue working, grow my business, work with my disability, and successfully provide services to our community.”

**MEW HELPS WITH:**

- Developing a business idea
- Identifying potential customers and business
- Researching competitors, customer demands, and realistic costs
- Disability-related challenges
- Developing promotional materials and marketing plans
- Creating an accounting system
- Financial forecasting
- Negotiating with vendors

**MATTHEW BARNES**

With help from MEW, Matthew Barnes started a business helping to provide medical care to underserved, low-income seniors in Detroit. MEW worked with Barnes to analyze the business opportunity, develop potential partners, and implement a marketing plan.

“Rick and Cheranissa were very helpful in looking realistically at my requirements for the right business partners and have been great sounding boards for me.”

Matthew Barnes is a 10-year Veteran of the Army and had a knee replaced recently.

**THE FEEL OF FREEDOM**

En-year-old Olivia Greenspan had never cycled around by herself before she visited the Ann Arbor CIL and tried out a handcycle. “It feels good. I’ve never been able to go as fast as [this],” the Thurston Elementary School fifth grader explained. “I’ve tried all seven gears. Seven is my favorite gear; you go faster.”

Greenspan, who has cerebral palsy, had previously only used a stationary hand-cycle at Mott Children’s Hospital’s outpatient physical therapy clinic. Her family had searched for a handcycle—a tricycle or bicycle powered by arm rather than leg movement—for her but could not find one. Then, they saw a flyer at Mott about the CIL’s hand-cycling program.

Olivia now joins the weekly cycling rides as often as she can. She rides in a group with the CIL staff, asking her mother to stay back. “She feels like she can do it on her own. She sees it as a fun thing, as well as a challenge,” Olivia’s mother, Gerie Greenspan, said. “Those who coordinate the program are truly inspirational for Olivia. She sees adults [with disabilities] who are doing more than she does and are accomplishing things. It means the world to her, and so it means the world to us.”

Olivia was impressed to meet athletes at the weekly cycling rides who compete in races, and she appreciates being around people who understand her disability and don’t assume she needs the support of a wheelchair. “It’s comforting when you hear from people who know how you feel,” she said.

Olivia is excited about the challenge of middle school now, where she can study more topics, including Spanish. She wants to visit Mexico some day. After watching National Geographic movies, she wants to become a scientist and study wildlife. She is very concerned about the environment, particularly endangered species, such as koalas and snow leopards. “Olivia now looks forward to riding a handcycle to school, which will mean greater independence for her,” Gerie Greenspan said.
Getting active, participating in sports and recreation activities, and being a part of a group is an important thing for everyone, especially people with disabilities, Glen Ashlock, Director of the Ann Arbor CIL Sports and Rec Program, said.

Sports and Social Recreation programs offer ways for people of all ages and types of disabilities and their friends and families to be a part of social and fitness outlets throughout the year. “If you’re part of a group, you’re more likely to exercise,” Ashlock said. “It’s as much social as it is about physical fitness.” People with all kinds of disability characteristics are encouraged to participate, as well as people without disabilities.

“I want to help give others the same sports opportunities I had,” Ashlock said. “Before my disability, sports were always what I did. When I first became disabled, one of the first concerns I had was whether I was going to be able to play sports again, and I feel very fortunate to have found the sports outlets I had.”

For people with disabilities, the equipment needed to participate in sports is not always available at gyms and other recreation centers. The Ann Arbor CIL has a variety of sports and recreation equipment for people with disabilities.

“A lot of people may be reluctant to participate in a ‘support group’, but being a part of our sports and rec programs can be just as valuable,” Ashlock said. Conversation and camaraderie builds real peer support. “People share stories and learn from the experiences of others who might have been dealing with the same issues for twenty years.”

**Ann Arbor CIL Sports Programs**

**iRide**

Each August, the Ann Arbor CIL organizes an inclusive, four-day cycling event, called the Great Lakes Independence Ride. (Ride).

Over the four days, a group of cyclists travel 240 miles from Holland on the west side of Michigan to Ann Arbor. Cyclists ride bicycles and disability-friendly tricycles and hand-cycles. Riders participate for some or all of the event, and as many accommodations as possible are made for cyclists with disabilities.

“This event provides my son with real inspiration,” Don Rose said. His son Adam, 14, has paralysis. “[Adam] sees adults with different disabilities and sees how they are succeeding. They are role models to him—they show him that he can be successful, too, and that there is great hope for his future.”

**Bowling**

Every Thursday afternoons, CIL staff, volunteers, and consumers go bowling at Colonial Lanes in Ann Arbor. The bowling alley offers accommodations, including bowling ramps for people who use wheelchairs, guide railings for people who are visually impaired, and volunteers to help carry balls and assist with other needs.

**Tennis**

Several times during the year the CIL offers inclusive tennis for people of all ages and disabilities. Manual and power wheelchair users are welcome. Beginners can come to learn basics, and returning athletes come to refine their techniques, learn about scoring, and work on strategy. We play indoors and outdoors, depending on the season.

**The Michigan Adaptive Sports Coalition**

Through the Michigan Adaptive Sports Coalition, the Ann Arbor CIL connects people to all kinds of disability-friendly sporting events and activities around Michigan. Adaptive snow skiing, adaptive waterskiing, kayaking, and sled hockey are just a few of the available activities.
**Art Fridays**

Every Friday afternoon in the Gathering Place, novice and expert artists convene to create different projects and share in the joy of making art, such as mosaics, ceramic plate decorating, jewelry making, drawing, and painting. "After an accident left me with a brain injury, it was difficult for me to talk about my situation," Deborah Gagnon said. "Through artwork, I became more comfortable with my social skills, and I’m now sharing techniques with others in the group. Thank you so much!"

**Group Walking (or Rolling)**

Every Tuesday at 4:30 p.m., from April through September, a group of walkers and rollers get together at the Ann Arbor CIL to circle the one-mile Research Park Drive loop. Participants go at varying speeds and distances depending on ability, but all enjoy the fresh air, exercise and camaraderie.

**Cycling**

Bicycle, tricycle, and hand-cycle rides leave the CIL at 6 pm on Thursdays from April through October. At cycling events, people of all experience levels come to ride the Research Park Drive loop and cheer on each other.

"**THE SOCIAL ACTIVITIES AT THE CIL ARE INSPIRING. HERE IS THE ONE PLACE YOU SEE WHAT PEOPLE WITH DISABILITIES CAN DO, INSTEAD OF SEEING WHAT THEY CAN’T DO. AT EVENTS, I’M AMAZED BY THE LIVES I’VE SEEN OTHER PEOPLE LEAD. IN SPITE OF THEIR DISABILITIES, THEY LIVE PRETTY REGULAR LIVES. I WISH WE’D DO MORE.**"

Thom Delecki, Ann Arbor CIL Consumer and Individual with a vision impairment and ADHD.

**Adaptive Sports Nights**

Every Thursday from 7:30 to 10 pm, from October through April, the CIL holds different sports nights at the Washtenaw County Meri Lou Murray Recreation Center. Beginners through experts come to play wheelchair rugby, wheelchair soccer, wheelchair basketball and other adaptive sports.

**Wheelchair Basketball**

The Ann Arbor CIL’s Michigan Thunderbirds wheelchair basketball teams offer an outlet to play hoops for both beginners and seasoned players. Adult and junior teams are open to people with lower extremity disabilities. Basketball practice takes place every Tuesday night in Novi and Wednesdays in Southfield. The Michigan Thunderbirds adult team competes in the National Wheelchair Basketball Association. In 1997 they won the national championship! And the 2008 US Paralympic men’s basketball team included four former Michigan Thunderbirds players.

To subscribe to our electronic Ann Arbor CIL Recreation Newsletter, featuring announcements and schedules of events, email us at mstack@aacil.org.
YOUTH EDUCATIONAL, SOCIAL AND LEADERSHIP OPPORTUNITIES

Our programs for young people with disabilities all foster a safe and welcoming environment for young people with disabilities ages 14-26. “The most important thing we do is help eliminate the social isolation felt by youth with disabilities. We create a place of belonging for those who wouldn’t otherwise have one,” Anna Dusbiber, Youth Services Coordinator, said.

FUNTASTIC YOUTH PROGRAM

We offer a wide variety of fun and educational activities throughout the year for anyone who wants to participate. Recent events included a self-defense class where youths with disabilities learned smart safety skills, a museum field trip where youths examined artifacts thousands of years old, a ceramic plate painting event where many got a chance to express their creativity, and a disco party and a pizza night where many shared fun and laughter. The Michigan Theater has also provided hundreds of free tickets for our youths to attend various events in their “Not Just for Kids” 2008-2009 series.

YOUTH MENTORING

We coordinate activities for our own mentoring program, called Bridging the Gap, and the county-wide Washtenaw Youth Mentoring Coalition, which now includes 38 member-organizations. Mentors in the programs serve as role models for their mentees and set an example of what can be accomplished. Activities foster opportunities for mentors to guide their mentees, teach skills, and instill confidence to overcome challenges and live independently. Being a part of the county-wide Coalition enables all of the local mentoring programs to share resources and collectively recruit volunteers.

GIRL TALK

Our curriculum-based peer support group for young women with disabilities teaches independence and self-sufficiency skills while fostering a community of friendship and support.

Through educational and social activities, youth gain skills and confidence to better handle the challenges they face. Participants learn about body image, safe friendships and relationships, cooking and nutrition, recycling and ecology, employment, how to communicate effectively, and goal setting.

YOUTH COUNCIL

Youths who want to take a part in planning events and helping to organize and clean up after them are welcome to become part of our active Youth Council. Getting involved with the Youth Council can help youths gain leadership skills and learn about responsibility.

SERVICE PROJECTS

Through various activities to give back to our community, youths with disabilities build their real world skills and develop new and lasting friendships. Past events include the Ann Arbor AIDS Walk, the United Way Youth Day of Caring, and chore day for Neighborhood Senior Services. By getting involved, the youths demonstrate that young people with disabilities are a caring and committed group of individuals who have many talents and skills to help improve the community.

YOUTH ADVOCACY

During the Summer of 2008, 16 youths participated in an eight-week-long program where they learned about the Americans with Disabilities Act and what it means in the community. Students learned how to identify accessibility problems at businesses, how to communicate with legislators, and how to advocate for change. On field trips around the community, they assessed the widths of doors, the angles of ramps, and a variety of other accessibility factors that affect people with disabilities. When the youths identified accessibility problems, they talked with managers on-site and followed up with letters. The group evaluated places at the University of Michigan, Eastern Michigan University, Zingerman’s Bakehouse Complex, the Ann Arbor District Library, and other locations.

JOHN WEIR SCHOLARSHIP

Each year the Ann Arbor CIL awards a multi-year scholarship to a college-bound high school senior with a disability living in Washtenaw, Livingston, or Monroe County. A committee selects winners based on academic and community service accomplishments. Scholarship applications are available each January.

“Receiving the John Weir scholarship showed me that a group of esteemed committee members believed not only in my academic qualities but in my ability to carry the torch of the disability community. This helps motivate me to get more involved in that sector of the overarching human rights movement,” Ashley Wiseman, the 2006 John Weir Scholarship winner, said. Wiseman has Dejerine-Sottas syndrome, a neuropathy which lessens the strength and sensation in her limbs. She currently attends Grand Valley State University.

OUTREACH TO SCHOOLS

When invited by a student, our staff members attend school meetings about special education services and offer support for the student. We focus especially on students transitioning out of high school to adulthood. We provide information about resources in the community, mentoring, and guidance on independent living. “The transition to adulthood for young people with disabilities is complex. Youth with disabilities need a great deal of support and resources,” Anna Dusbiber said.
We are continually striving to make the CIL a better organization. A big part of that is conducting evidence-based research to improve the programs and services we offer. “Organizations that provide evidence-based programs in their communities tend to be the exception, rather than the rule,” Edward Wollman, Director of Program Research and Development, said. “By learning from the best of what’s out there and continually monitoring and improving our programs, we ensure that we are making the biggest possible difference in the lives of the people we serve.” Alex Gossage, Special Projects Coordinator, also works in the research and development department.

As a result of our research efforts, the CIL was recently awarded a significant grant under the Projects with Industry program from the U.S. Department of Education. The largest grant the CIL has ever received, this grant will enable the Center to launch a comprehensive career development program that actively involves employers in all stages of the job search process. Staff members Edward Wollman, Jim Magyar, Helen Ledgard, Kathy Herron, Alex Gossage, and Shirley Coombs were part of the team who developed the proposal. U. S. Representative John Dingell said, “This initiative will be invaluable to those who participate and will help individuals navigate the increasingly competitive job market.”

Currently, little data exists on the needs and opinions of people with disabilities. The Ann Arbor CIL is working to change that. In conjunction with the University of Michigan’s Community-Based Research Fellowship Program and the United Way of Washtenaw County, we recently conducted a community research assessment to learn more about the most important needs of people with disabilities in Washtenaw County. During the summer of 2007, UM student Andrea King and a team of volunteers conducted a statistically significant survey that revealed the top issues facing people with disabilities in Washtenaw County: 1. Availability of Healthcare, 2. Housing, and 3. Income and Jobs. To learn more about these issues, UM student James Liadis conducted focus group research with the Ann Arbor CIL during the summer of 2008. Interviewing members of the disability community, Liadis elicited nuanced information on the topics of healthcare, housing, employment and transportation, and allowed us to learn more about unmet needs beyond the statistical analysis.

“The biggest take away message of this work is the great disparities that exist between individuals with disabilities and the rest of the population,” Liadis said. “The focus groups not only provided a voice demanding that changes be made, they also provided information on how change can be implemented. This work is truly novel in that it gives the entire community the information needed to motivate and direct collective action.”

“We’re excited about what we can do with this work,” Wollman, who oversaw the research, said. “The results will be utilized in developing new programs at the Ann Arbor CIL.”
The Ann Arbor Center for Independent Living

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ACCESS 2008 | Ann Arbor Center for Independent Living

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Directory of COMMUNITY RESOURCES

The Ann Arbor Center for Independent Living extends our sincere appreciation to the participants of this News Feature and Resource Directory. By participating, they have made a financial commitment to the people we reach every day. We are grateful to the businesses and organizations that have been a part of this publication for many years. We especially welcome and thank all of the new community partners found in this year’s magazine. Please patronize these generous organizations.

AMBULANCE SERVICES

Huron Valley Ambulance LifeLink
1200 State Circle
Ann Arbor, MI 48108
(734) 477-6453 or (866) 824-4413
www.hva.org

HVA LifeLink is an in-home monitoring system that allows you to live independently but still reach loved ones or 9-1-1 immediately if you need them. The system consists of a speakerphone and button to wear on the neck or wrist. Calls go into HVA’s local call center, not out-of-state.

Huron Valley Ambulance is your locally owned, nationally accredited nonprofit ambulance service. Services include emergency paramedic ambulance service, non-emergency ambulance transportation, wheelchair vans, special event coverage and community outreach. General info available at (734) 971-4440.

ACCESSIBILITY

Caremor, Inc.
4868 Old US 23
Brighton, MI 48114
(800) 917-6486

Caremor is a construction company specializing in barrier free construction. We build ramps, widen doorways, remodel kitchens and bathrooms, install grab bars, and anything in between. We work with state and federal entities for funding and are approved to do HSA and Adaptive housing grants for veterans. We also do stairlifts, porcheffits, inclined platform lifts, and residential elevators.

Cornerstone Design Inc
940 N. Main Street
Ann Arbor, MI 48104
(734) 663-7580
www.cdiarchitects.com

Cornerstone Design provides creative, responsive architectural services for all types of projects. A particular specialty is universal design for people of all ages and abilities. Firm principal, David Esau, AIA, also consults on accessibility issues through the Ann Arbor Center for Independent Living.

Great Lakes Portable Entry Systems
734-213-2128

Portables Entry Systems provides portable and modular wheelchair ramps in the Great Lakes State of Michigan. Portable Wheel Chair Ramps offer users the opportunity to take their ramp wherever they travel to suit various entry ways, vehicles, curbs, etc. Our modular ramp systems can be custom built to fit most applications. Call us today for a free quote.

ADVOCACY

Association for Community Advocacy
1100 N. Main, Suite 205
Ann Arbor, MI 48104

ACA, in partnership with consumers, works to assure personal choice, self-determination and opportunities for full participation in all aspects of community life for persons with disabilities. ACA has recognized expertise in entitlements, special education and criminal justice advocacy, home ownership, community organizing, systems change, and person-centered planning. (734) 462-1216

Michigan Ability Partners
3810 Packard, Suite 200
Ann Arbor, MI 48108
(734) 975-6880

Michigan Ability Partners is an Ann Arbor-based, private, nonprofit human service agency that helps persons with developmental disabilities and/or mental illness by accessing and/or providing shelter, food, medical care, mental health services, substance abuse treatment, affordable housing and community employment throughout Southeastern Michigan.

Phoenix Contractors, Inc.
2111 Goldside
Ypsilanti, MI 48197
Phone: (734) 487-9640
Fax: (734) 547-0432
www.phoenixco.biz

Phoenix Contractors, Inc. is a contractor and construction manager with extensive experience in modification of existing commercial and institutional buildings for full accessibility, particularly in multi-story structures. Phoenix works regularly with area architects and can provide design-build services for the renovation of existing or the development of new commercial buildings.

RESouRCE DIRECtoR y

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ARMS AND ENTERTAINMENT

The Ark
316 S. Main Street, Ann Arbor, MI 48104
(734) 761-1800 Office / (734) 761-1410 Hotline
Email: ark@theark.org
Web: www.theark.org

The Ark is a non-profit music venue located on Main Street in Ann Arbor. The Ark is dedicated to the presentation, preservation, and encouragement of folk, roots, and ethnic music. The Ark is wheelchair and accessible and accommodates any special seating needs. Please note that the club does open ½ hour before a performance. If someone in your party has a wheelchair or special seating needs, we recommend coming slightly earlier and ringing the doorbell located next to our front door so we can seat your party prior to the entry of the general public. This way we can assure adjacent seating for your friends and family. Please call with any seating concerns or special needs at (734) 761-1800 between 9 am and 5 pm weekdays or email us at ark@theark.org.

ASSISTANCE DOG ORGANIZATIONS

Paws With A Cause
4464 Division
Warroad, MI 49484
(800) 253-PAWS (7297)
Email: pawswithacause@paws.org
Web: www.pawswithacause.org

Paws With A Cause trains Assistance Dogs nationally for people with disabilities and provides lifetime team support, which encourages independence. PAWS promotes awareness through education. For more information, please call us or visit our website.

BRAIN INJURY REHABILITATION

Brain Injury Association of Michigan
8619 W. Grand River, Suite I
Brighton, MI 48116-2334
(810) 229-5880
(800) 772-4323
Email: info@biam.org
Web: www.biam.org

The Brain Injury Association of Michigan is a nonprofit organization that brings together people with brain injuries, families, friends, and professionals to improve the quality of life for people living with brain injuries. More than 25 years ago, a group of concerned families, living with brain injury, founded the Association to ensure that needed services and supports were available for people with brain injuries and their families. The Association is a steward of the Brain Injury Association of America. Our mission is to enhance the lives of those affected by brain injury through education, advocacy, research, and local support groups, and to reduce the incidence of brain injury through prevention.

Eisenhower Center
3200 E. Eisenhower Parkway
Ann Arbor, MI 48106
(800) 554-5543
Email: dinow@eisenhowercenter.org

Eisenhower Center provides neurorehabilitation services in a state-of-the-art residential setting. We assist our clients in reaching their fullest potential in an environment that combines hard work and commitment to treatment. Our services include a variety of occupational and therapeutic activities that encourage effective socialization and community integration. Eisenhower Center is a CARF- and JCAHO-accredited provider.

Rainbow Rehabilitation Centers, Inc.
Corporate Offices/Treatment Center
5370 Whittaker Road PO Box 970230
Ypsilanti, MI 48197
(734) 482-1200 or (800) 968-6644
Web: www.rainbowrehab.com
admissions@rainbowrehab.com

Rainbow Rehabilitation Centers provides rehabilitation services to individuals who have experienced a spinal cord or traumatic brain injury. Rainbow’s continuum of care allows individuals with injuries to achieve their highest potential in the least restrictive, most independent setting possible. Our professional, specially trained staff consistently provides understanding, supportive and progressive rehabilitation at every stage of the recovery process. Residential, day treatment and outpatient services are available for adults and children in locations throughout Wayne, Oakland and Macomb Counties.

ResCare Premier
Residential Rehabilitation Continuum
476-6152
ResCare Premier’s Residential Rehabilitation Continuum is dedicated solely to the treatment of individuals with acquired brain injury. Our Comprehensive Continuum offers affordable services that foster exceptional outcomes for persons with intensive rehabilitation needs and for individuals with Behavioral Issues.

The Residential Rehabilitation Continuum incorporates traditional therapies into functional, community-based skill training. It is specifically designed to provide the concentrated, life skills training so vital to regaining autonomy and re-establishing quality, productive lifestyles. Individuals may be admitted to any program along the Continuum. Our Continuum affords individuals transition to more independent settings, step by step, along the way to fully integrating newly acquired skills, or stop back to practice challenging tasks. This continuity ensures that progress is never interrupted.

RAINBOW REHABILITATION CENTER

Improving Lives.
Our professional staff consistently provides understanding, supportive and progressive rehabilitation at every stage of the recovery process.

For more information call...
(734) 482-1200
www.rainbowrehab.com

Wild Swan Theater
(734) 995-0530
www.wildswantheater.com
Wild Swan Theater; Michigan’s finest professional theater for families, delights, engages, and moves 50,000 audience members each year. We offer many accessibility measures for audience members with disabilities: excellent access and seating for those using wheelchairs or other mobility devices; American Sign Language interpreting; and audio description and signage for patrons who are blind. Highlights of our eight-production season include The Christmas Carol (Dec. 13-17), Roland the Minstrel Pig (March 22-24), and Twelfth Night (May 5-24). All performances are at Township Auditorium, Whittier Community College. For full schedule, tickets, and access information: www.wildswantheater.com

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273 Manufacturers Drive
Westland, MI  48185
Phone: (734) 721-4821
Fax: (734) 721-8666
Quality Home Medical Equipment Inc. is a new, family-owned company that is dedicated to providing our clients with prompt, professional care and assisting with all your home care needs. We offer a range of products including hospital beds, patient lifts, ambulatory aids, bathroom accessories and scooters. We specialize in wheelchairs — manual, power and standing chair, with great emphasis on patient’s specific needs. Our radding, and mobility specialist has more than 10 years of experience, and we also have certified delivery tools and a caring reimbursement specialist. We offer delivery, set up and instruction in your home and a superior repair service for most equipment.

University of Michigan Home Care Services - MedEquip
2705 S. Industrial Highway
Ann Arbor, MI 48104
(734) 971-0975 or (800) 530-0714
www.umhomecare.org
MedEquip, part of the University of Michigan Health System, is a leader in home medical equipment, customized wheelchairs, and respiratory care. Our highly skilled technicians and respiratory therapists can handle all your home medical equipment needs at an affordable price.

Eastern Michigan University
G-664 Haven Hall
505 S. State St.
Ann Arbor, MI 48109-1045
(734) 763-3000
www.emich.edu/~csod
SDS provides services to students with visual, mobility, or hearing impairments, learning or psychological disabilities, and chronic health problems. SDS facilitates such services as accessible campus transportation, adaptive technology, and sign language and oral interpreting. All services are free of charge.

Watsonnnaw Intermediate School District (WISD)
1819 S. Wagner
Ann Arbor, MI 48106-1406
(734) 994-8100
www.washk12.mi.us
Watsonnnaw Intermediate School District coordinates delivers programs/services to support continuous improvement of student achievement in the school districts of Ann Arbor, Chelsea, Dexter, Lincoln, Manchester, Milan, Saline, Willow Run, Ypsilanti, and public school academies. Guided by Watsonnnaw County Common Expectations for Student Learning, this regional educational service agency provides school improvement consultation, assessment/curriculum/instruction assistance. Offers the latest educational training.

Michigan Rehabilitation Services
Michigan Department of Labor and Economic Growth
3810 Packard, Suite 170
Ann Arbor, MI 48108
(734) 677-0000
http://www.michigan.gov/mdlegrs
MDLEGr-MS is a state- and federally-funded program that partners with persons with disabilities in preparing for, finding and maintaining employment. The mission of Michigan Rehabilitation Services is to partners with individuals with disabilities and employers to achieve quality employment outcomes and independence for persons with disabilities. There are MLEGr-MRS offices located throughout the state.

Aegis Health Perspectives, Inc. / Aegis Life Care, LLC
20770 Middlebelt, Suite 1
Livonia, MI 48152
(248) 615-1730
www.aegishp.com

Ann Arbor Commerce Bank
2950 State Street South
Ann Arbor, MI 48104
(734) 887-3100
www.annarborcommerce.com
Ann Arbor Commerce Bank is a full-service community Bank established in 1908 to provide local financial options for all your financial needs. Our reputation is based upon experience, trust, personal attention, and reliability. We are located on the corner of State and Eisenhower, with ample free parking and barrier-free access. We provide a complete array of products and services, including, Deposit Products & Services – Personal and Business Checking & Savings; CD’s, IRA’s & HSA; Worldwide ATM Service; Debit Cards; Drive-thru Lines; Saturday Banking; Telephone Banking – 1.866.330.3333; Internet Banking – www.annarborcommerce.com

HVA
(734) 482-0506
HVA specializes in the treatment of chronic pain. HVA’s LifeLink can put your mind at ease.

Do you live independently but want to be able to reach help instantly?
One button summons help immediately.
Monitored locally by HVAS 9-1-1 Call Center, not out-of-state operators.
Call 734-477-6453 or 1-866-824-4413

HVA
Community-owned, Nonprofit, Nationally accredited

F INANCIAL PLANNING, BANKING & ASSISTIVE TECHNOLOGY LOANS
Ann Arbor Commerce Bank
2910 State Street South
Ann Arbor, MI 48104
(734) 887-3100
www.annarborcommerce.com
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Private loans & services - Residential Mortgages; Home Equity Loans & Lines, Construction Loans, Bridge & Lot Loans, Installment Lending, Private Banking

Business loans & services - Loans & Lines; Cash Management; Security Services, Cover Business; Sweep Accounts

Trust & Investment services - Financial Planning, Trust Services, Estate Planning & Settlement, Retirement Plans; Investment Management

We welcome new customers. Member FDIC – Equal Housing Lender
Through our subsidiary, Community Living network, we offer Fiscal Supported Living in the customer’s home providing staffing and support. CRC’s mission is to provide people with disabilities living option, life older adults and persons with disabilities remain living in their homes or chosen place of residence for as long as possible. The AAA1-B serves the counties of Washtenaw, Monroe, Oakland, and St. Clair.

Community Residence Corporation
107 Ferry St.
Ypsilanti, MI 48197
(734) 482-3300
steven@communityresidence.org
www.communityresidence.org

CRC’s mission is to provide people with disabilities living option, life choices and control of their futures. As we enter our 21st year, CRC offers Supervised Living in licensed group homes with 24-hour staffing, and Supported Living in the customer’s home providing staffing and support based on each individual’s needs and desires.

Through our subsidiary, Community Living Network, we offer Fiscal Intermediary Services for people who desire control over their individual budgets and a more self-determined life. Customers hire and employ their own support staff, and CRC acts as a payroll service providing paychecks and paying the appropriate taxes. Other bill payments can be made upon request. Each customer receives monthly statements regarding their financial activity. CLN is not an employment service or an employer. The service is available in Washtenaw, Jackson, Hillsdale, Livingston, Macomb, and St. Clair Counties.

Look for our new administrative offices sometime this fall or winter at 1851 West River Boulevard, Ypsilanti, MI 48197.

Glacier Hills Home Care
3909 Research Park Dr., Suite 600
Ann Arbor, MI 48108
(734) 769-3708 or 1-877-971-4200
www.glhhomecare.org
Service: Not-for-profit private duty home care agency provides a comprehensive range of quality care services 3 to 24 hours per day. Skilled nursing services include wound care, medication setup and education, and care management of acute and chronic illnesses. Nursing oversight includes initial assessment and supervisory visits of home health aides. Fee private pay.

Home Health Care for Pets
11730 Rebecca Lane
Whitmore Lake, MI 48189
(810) 231-4067
Dr. Sharon Altrogge started her house call veterinary practice in 1998. Her aim is to provide convenient, compassionate, and affordable care for pet animals. Both clients and their pets benefit from their visit coming to them in their home setting. Our services include routine vaccinations, labwork, sick and well pet exams, euthanasia, and more. Transport can be arranged if your companion needs x-rays or surgery at our clinic. Hours of service are flexible Monday through Saturday.

Partners in Personal Assistance
1100 N. Main Suite 117
Ann Arbor, MI 48104-4554
734-214-3890
www.anarrborppa.org
info@anarrborppa.org
Partners in Personal Assistance (PPA) offers an empowering solution for people with disabilities (consumer employers) who want to exercise independence and self-determination in managing their personal care. Personal assistants (PAs) employed through PPA have access to health care benefits and training opportunities. PPA staff and volunteers can assist consumer employers in identifying and screening potential PAs. PPA is a 501(c)3 non-profit organization managed by consumer employers and personal assistants. Services can be covered by private funds, insurance, and Medicaid long-term care programs.

HomeCare HomeCare (formerly First Choice)
(800) 548-3467
www.firstchoicenetwork.com
Who We Are: First Choice is a 24-hour live-in homecare agency exclusively providing live-in care to the elderly and people with special needs. Our mission is to support and provide a professional, compassionate live-in program to individuals who choose to receive care in the comfort and familiar surroundings of their own home. The Services We Provide: For the recovering and elderly, our caregivers provide: • Personal Assistance • Medications • Companionship • Conversation • Nutritional Meal Preparation • Every Day Living

ResCare HomeCare (formerly First Choice)
(800) 548-3467
www.firstchoicenetwork.com
Who We Are: First Choice is a 24-hour live-in homecare agency exclusively providing live-in care to the elderly and people with special needs. Our mission is to support and provide a professional, compassionate live-in program to individuals who choose to receive care in the comfort and familiar surroundings of their own home. The Services We Provide: For the recovering and elderly, our caregivers provide: • Personal Assistance • Medications • Companionship • Conversation • Nutritional Meal Preparation • Every Day Living

Silver Maples of Chelsea
100 Silver Maples Drive
Chelsea, MI 48118
(734) 475-4111
Web: www.silvermaples.org
Silver Maples of Chelsea is a well-designed, comfortably-stored retirement community that offers independent residential-style living and licensed assisted living accommodations, with a continuum of care for Skilled Nursing and Memory Care on a priority access basis through our senior application. Silver Maples was founded in 1997 with a goal of addressing the needs of memory-impaired people. We are committed to developing a community that will enrich their lives through opportunities, wellness and will provide caregiving assistance when needed.

University of Michigan Home Care Services – Michigan Visiting Nurses
2810 S. Industrial Highway
Ann Arbor, MI 48104
(800) 542-5504
www.umvm.com
Michigan Visiting Nurses provides a broad range of high-quality, reasonably priced home care services to the community. Care may range from minimal assistance with personal care to highly technical and specialized nursing support. All services are customized to fulfill our patient’s unique and changing needs, and are available on a per-visit, shift or hourly basis. Care is available 24 hours a day, 365 days a year. We’re proud to have been serving Southeast Michigan since 1909! Michigan Visiting Nurses serves patients in Genesee, Hillsdale, Ingham, Jackson, Lapeer, Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw and Wayne Counties. Our main office is in Ann Arbor, with satellite offices in Bloomfield, Brighton, Dearborn, Jackson and Plymouth.

Silver Maples of Chelsea
100 Silver Maples Drive
Chelsea, MI 48118
(734) 475-4111
Web: www.silvermaples.org
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HOSPICE
Arbor Hospice
236 Oak Valley Dr
Ann Arbor, MI 48103
(800) 997-9266
www.arbohrhospcare.org
Choosing hospice care isn’t about giving up; it’s about giving you and your loved one a chance to focus on what matters most. Arbor Hospice, your community hospice, is committed to making the journey less stressful, allowing patients to live each day to the fullest. Our dedicated, compassionate team has been providing care for patients and their families since 1984, with everything from expert pain control to grief counseling. Call anytime, if you have any questions about hospice or if you are unsure if you or your loved one would benefit from hospice care.

Expert Care Right Here
CHELSEA COMMUNITY HOSPITAL
For information, please call us:
734-475-1311
Emergent Room: (734) 475-4968
Physician Referral Line: (734) 475-4908
Behavioral Health Services: (734) 475-4605
Chelsea Orthopedic Spectacular: (734) 475-4858
Community Health Education: (734) 475-4905
Home Health Care: (734) 475-4606
Rehabilitation & Therapy Services: (734) 475-4857
www.ccd.org
775 South Main Street
Chelsea, Michigan

ACCESS 2008 | Ann Arbor Center for Independent Living
A developer agreed to build 80 additional accessible units. Curbs ramps. In recent settlement in a fair housing case in Erie, Pennsylvania, throughout Ohio and Pennsylvania to require installation and retrofitting of.

Heberle & Finnegan LPA is an Ann Arbor law firm concentrating in civil rights litigation. In the area of disability rights, the firm represents individuals, Heberle & Finnegan LPA is an Ann Arbor law firm concentrating in civil rights litigation. In the area of disability rights, the firm represents individuals, organizations and groups in cases brought to improve access to public accommodations, government facilities and services, housing, employment, and education. The firm has successfully sued dozens of municipalities up for individuals when they need it most. Our lawyers help workers confront disability discrimination head on and they advocate for individuals and groups on accommodation and medical leave issues. Other areas of practice include: employee rights and benefits, sexual harassment, commercial litigation, consumer protection, housing discrimination, landlord-tenant matters, and criminal defense. From our home office in Ann Arbor, we serve clients throughout Michigan. For more information or to schedule an appointment, please visit our website or contact an attorney at Nacht & Associates, P.C. today.

Liberal Services

Ann Arbor Library

AADL circulates books, periodicals, DVDs, CDs, audio books and art prints. Large-print books, low-vision aids, foreign-language books, and books for non-native readers of English are available. AADL offers a wide variety of Internet classes. Internet access, word processing, research databases, and other software programs are also available at all AADL locations. Hours: Mon. 10 am – 9 pm; Tues. – Fri 9 am – 9 pm; Sat. 9 am – 6 pm; Sun. noon – 6 pm.


Heberle & Finnegan LPA is an Ann Arbor law firm concentrating in civil rights litigation. In the area of disability rights, the firm represents individuals, organizations and groups in cases brought to improve access to public accommodations, government facilities and services, housing, employment, and education. The firm has successfully sued dozens of municipalities throughout Ohio and Pennsylvania to require installation and retrofitting of accessible units. Curb ramps. In recent settlement in a fair housing case in Erie, Pennsylvania, throughout Ohio and Pennsylvania to require installation and retrofitting of accessible units. Curb ramps. In recent settlement in a fair housing case in Erie, Pennsylvania, throughout Ohio and Pennsylvania to require installation and retrofitting of...
OPTICAL/LOW VISION

Dr. Steven Bennett, F.A.O.O.
Certified Low Vision Specialist
2800 Green Road, Suite 200
Ann Arbor, MI 48105
(734) 733-2173

The specialty of Low Vision provides an improvement in vision through the use of state-of-the-art technology. Devices such as biptic telescopes for driving, microscopic systems for reading and computer use, electronic vision systems and the new “Systems of Sight, Maculens” allow our patients to maintain their independence. Our new Low Vision Resource Center carries a full line of handheld and stand magnification systems. The general public can view them without appointment. People with Macular Degeneration and other conditions that cause legal blindness can be helped.

University of Michigan Health System
Low Vision and Vision Rehabilitation Services
W.K. Kellogg Eye Center
1000 Wall Street
Ann Arbor, MI 48105
(734) 764-5106
www.kellogg.umich.edu

Because of our multi-disciplinary approach, the UM Kellogg Eye Center Low Vision and Vision Rehabilitation Services Clinic can tailor its services to the unique needs of each individual. Our doctors monitor remaining vision closely, prescribing the corrective lenses that are best suited to each vision problem. Our occupational therapist works with patients, at home when possible, to make the home environment more useful to the patient. The low vision team teaches patients how to use adaptive devices and make better use of any remaining vision to assure they are functioning well in their daily lives.

ORTHOTICS/PROSTHETICS

University of Michigan Orthotics and Prosthetics Center
2800 S. Industrial Hwy, Suite 400
Ann Arbor, MI 48104
(734) 973-2400
www.med.umich.edu/prp/isp

Since the first orthoses were fabricated in 1912, the University of Michigan Orthotics and Prosthetics Center has been providing comprehensive services to clients from the University of Michigan Health System and to clients referred directly by their physicians. A physician prescription is required for all services. Orthotists provide a full range of pre-fabricated and custom orthotic systems. We also have a full range of soft good and post mastectomy products in our “Personal Touch” program. Our pedorthists design, fabricate and fit and modify shoes and foot orthoses. And finally, our prosthetic team designs and fabricates a prosthesis that is most appropriate for individuals needs (both physiological and psychological). Please stop by and meet our ABC board-certified and registered staff members in our ABC and Joint Commissions-accredited facility.

PHILANTHROPY

Ann Arbor Area Community Foundation
301 S. Main Street, Suite 300
Ann Arbor, MI 48104
(734) 663-0401
www.aacf.org

The Ann Arbor Area Community Foundation (AAACF) is a community-driven philanthropic institution dedicated to improving the quality of life in the Ann Arbor Area. The AAACF is a public charity that makes grants to support the work of non-profit agencies in the Ann Arbor Area. The AAACF is a private foundation that receives, administers, and offers grants to public charities. The AAACF is a charity for the public good.


McCormick Rehabilitation Associates, Inc.
2380 Science Parkway, Suite 104
P.O. Box 763
Ann Arbor, MI 48106-0763
(734) 793-3939 or 800-322-2209
www.nustep.com
info@nustep.com
nuStep, Inc. offers several models of our award-winning Recumbent Cross Trainers, including the all new TSR and TS1 models. It is the most versatile and accommodating exercise machine in the world today, and it can flexibly adapt to meet your personal fitness goals and needs. Every day, NuStep users of all body types and function levels experience the benefits of exercise, including improved fitness, renewed energy, and a restored sense of health and well-being. In the comfort of your own home, you can experience the freedom, independence and vitality that owning a NuStep Recumbent Cross Trainer offers to you and your family.

Creative, responsive architectural services.
Specializing in Universal Design for people of all ages and abilities.

Cornerstone Design Inc.
2800 Green Road, Suite 200
Ann Arbor, MI 48105
(734) 733-2173
www.kellogg.umich.edu

Many people who struggle with low vision are not aware that there are ophthalmologists, optometrists, and rehabilitation specialists with special training in low vision. The Low Vision and Vision Rehabilitation Services Team includes Dr. Donna Walker, O.D., and Dr. Sherry Gay, O.D., working cooperatively with our occupational therapist, Karen Murphy, OTR.

PHYSICAL MEDICINE AND REHABILITATION

Associates in Physical Medicine & Rehabilitation
5533 McShay Drive, Suite 200
Ypsilanti, MI 48197
(734) 712-8030 xph
(734) 712-0055 fax

Affiliated with St. Joseph Mercy Health System, we are board-certified physicians providing comprehensive rehabilitation services across the continuum of care. We treat a wide range of disabling conditions, including back, work and sports injuries, stroke, traumatic brain injuries, spinal cord injuries and pain. Offices in Ann Arbor, Brighton, Plymouth/ Canton, Grand Rapids, Traverse City, and Traverse City, MI.

Chelsea Rehab, Chelsea Community Hospital
775 S. Main St.
Chelsea, MI 48118
(734) 473-4102
www.chcp.org

Chelsea Rehab specializes in the inpatient and outpatient treatment of people who have had a stroke or traumatic brain injury, as well as patients with orthopedic, musculo-skeletal and other neurological disorders. Comprehensive outpatient programs for people with hand injuries, sports injuries, orthopedic conditions and spinal disorders are provided by Occupational and Physical Therapists in the CHCP Wellness Center (734-475-1947). Visit our web site at www.chcp.org.

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2380 Science Parkway, Suite 104
P.O. Box 763
Ann Arbor, MI 48106-0763
(734) 793-3939 or 800-322-2209
www.nustep.com
info@nustep.com
nuStep Recumbent Cross Trainer offers to you and your family.

nuStep Recumbent Cross Trainers, including the all new TSR and TS1 models. It is the most versatile and accommodating exercise machine in the world today, and it can flexibly adapt to meet your personal fitness goals and needs. Every day, NuStep users of all body types and function levels experience the benefits of exercise, including improved fitness, renewed energy, and a restored sense of health and well-being. In the comfort of your own home, you can experience the freedom, independence and vitality that owning a NuStep Recumbent Cross Trainer offers to you and your family.

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The Recovery Project
37670 Professional Center Drive
Suite 105A
Livonia, MI 48152
(734) 953-1745
www.therecoveryproject.net

The Recovery Project, with outpatient rehabilitation centers located in Livonia and Canton Township, Michigan, provides innovative treatments for individuals with spinal cord injury and other neurological injuries or diseases. In 2007 we added expertise in general orthopedic therapies. We utilize the highest quality equipment in the areas of physical and occupational therapy and personal training. Our clinics have state of the art equipment including: stem bikes, body supported treadmills, arm and leg ergometers, slackline, standing frames and various strengthening/resistance machines.

We offer the following recovery programs:
• Traditional therapy
• High intensity therapy
• Home and community based therapy
• Lifelong fitness programs

Special Tree Rehabilitation System
5000 Chase Street, Romulus, MI 48174
(800) 646-6885
www.specialtree.com

For more than 30 years, Special Tree has been one of Michigan’s leading resources for subacute rehabilitation, inpatient, residential, outpatient, and in-home neurorehabilitation services. A CARF- and JCAHO-accredited provider, Special Tree serves the needs of children and adults with brain injuries, spinal cord injuries, and other disabilities. Services are offered at more than 20 convenient locations across Mid-Michigan, Metro-Detroit and the Southeast region.

University of Michigan Health System Department of Physical Medicine and Rehabilitation, Model Spinal Cord Injury Care System
330 N. Ingalls
Ann Arbor, MI 48109
Phone: (734) 996-5692
Fax: (734) 966-5492
E-mail model_spcc@umich.edu
Web: www.med.umich.edu/pmr-model/spine

The University of Michigan’s Model Spinal Cord Injury Care System is a clinical care and research effort aimed at improving outcomes for individuals with Spinal Cord Injuries (SCI). Through the Model SCI Care System, in partnership with the Ann Arbor Center for Independent Living, UM is able to offer not only outstanding clinical services and cutting-edge research but also education and independent living services for consumers and their families. The U-M Department of Physical Medicine and Rehabilitation has many certified physicians specializing in the medical care of individuals with SCI - the largest number of any hospital in Michigan. Please refer to our website for more information on clinical, research, and educational activities.

University of Michigan Health System Department of Physical Medicine and Rehabilitation, Pediatrics
325 E. Eisenhower Parkway
Ann Arbor, MI 48108
Phone: (734) 936-7175
Fax: (734) 615-6716
http://www.med.umich.edu/pmr

The University of Michigan Pediatric Physical Medicine and Rehabilitation program provides both outpatient and inpatient service to children and adolescents with physically disabling conditions such as cerebral palsy, spina bifida, brachial plexus injuries, amputations, brain injuries, spinal cord injuries and muscular dystrophy through the comprehensive pediatric rehabilitation team of physicians, therapists, and psychologists.

University of Michigan Health System Department of Physical Medicine and Rehabilitation, The Spine Program
325 E. Eisenhower Parkway
Ann Arbor, MI 48108
Phone: (734) 998-6550 or (800) 254-BACK
Fax: (734) 615-1770
www.med.umich.edu/pmr/spine

The University of Michigan Health System Spine Program is a multidisciplinary team of experts that strives to improve the health and productivity of individuals with spine disorders. The mission of the Spine Program is to become a national leader in spine care through synergy of excellence in clinical care, research and education, and to provide a comprehensive, patient-centered service that addresses the controllable factors influencing the health and productivity of persons with spine disorders. Numerous assessment and treatment options are offered to individuals with acute, subacute and chronic back disorders. These include diagnostic, general medical, surgical and rehabilitation interventions, delivered by a team of physicians, physical therapists, occupational therapists, psychologists, and exercise specialists.

RECREATION & FITNESS

The Ann Arbor YMCA
400 West Washington Street
Ann Arbor, MI 48103
Phone: (734) 996-9622
Fax: (734) 996-5692
www.annarborymca.org

For people with special physical needs, the Ann Arbor YMCA offers a 50-Fit Equipment for T-Birds, an elevated stretch bench and several weight training accessories that can be utilized from a seated position. Slower-paced exercise classes with seated options and one-on-one training options are also available. Our Aquatic Center features a zero-depth entry pool and a six-lane 25-yard pool, plus a portable lift for use with either pool. We have shower benches in our adult locker rooms and individual changing rooms for those needing assistance or wheelchair space. On-site parking, including disabled parking, is available for members.

Michigan Sports Unlimited, Inc.
1915 Fordney Street
Saginaw, MI 48601
(989) 771-5350

Michigan Sports Unlimited, Inc. (MSU) recognizes the value of sports and recreation in the lives of individuals with disabilities. Our mission is to educate, instruct, and provide unlimited access to a wide range of recreational activities in order to improve the physical, social, and mental well being of individuals with disabilities and ultimately empower them to achieve success.

Michigan Sports Unlimited gives individuals with disabilities an opportunity to become active - socially and physically - and ultimately to empower them to achieve success. By making sports and recreation a part of your life, you can experience the freedom, independence and vitality that owning a bike can bring. Michigan Sports Unlimited provides services to individuals with disabilities.

Contact Glen Ashlock at (734) 971-0277 x33 or Tbirds@aacil.org.

PEAC helps individuals with cognitive, physical, and emotional disabilities reach their cycling goals by providing basic skills programs, family rides, participating in cycling club rides, bicycle commuter training, basic skills, and spinning classes. In addition, PEAC strives to integrate cyclists with disabilities into the mainstream cycling community by giving them the skills necessary to participate in tours, races, and club rides.

Programs to Educate All Cyclists
32 N. Washington, Suite 1
Ypsilanti, MI 48197
info@bikeprogram.org
www.bikeprogram.org

Programs to Educate All Cyclists’ purpose is to enhance the lives of individuals with disabilities by using cycling for transportation, integrated recreation, fitness, and therapy.

TRANSPORTATION AND RENTALS

Ann Arbor Transportation Authority
270 S. Industrial Hwy.
Ann Arbor, MI 48109

The AATA provides safe, convenient and efficient public transportation service and specialized services for persons with disabilities in the greater Ann Arbor area. Bus route and schedule information is available by phone at (734) 996-0400 or (734) 973-6977 (TDD), at the AATA website: www.theride.org and in alternative formats by request. For information or an application for specialized service, call (734) 973-6500.

AATA A-Ride

A-Ride is a shared ride, demand response, public transportation service for individuals whose disabilities prevent them from riding the regular fixed route buses. Trips are provided using lift-equipped vehicles and tax cabs. A-Ride service is provided within 3/4 of a mile from regular fixed routes in the cities of Ann Arbor and Ypsilanti plus Pittsfield, Superior and Ypsilanti townships. The fee is $2.00 per trip by advance reservation or $3.00 for same-day service, and can be paid with cash or pre-purchased e-ticket. Applications for an A-Ride program are available on the AATA website: www.theride.org by calling (734) 973-6500, or by visiting AATA’s main office at 270 S. Industrial Hwy, or the Blaka Transit Center, 331 S. Fourth Ave, Ann Arbor.
Wheelchair Seating

University of Michigan Home Care Services
Wheelchair Seating Service
2850 S. Industrial Highway, Suite 200
Ann Arbor, MI  48104
(734) 971-8286 or (877) 868-8889

The UMHS Wheelchair Seating Service provides evaluations and mobility equipment for complex seating and mobility needs. We offer a complete line of seating services, including custom seating and positioning, and complex power mobility devices at affordable prices.

Select Ride, Inc.
Ann Arbor, MI  48103
(734) 981-1480 or (800) 306-6406
42180 Ford Rd, Ste 202
Canton, MI  48187
(734) 216-6073

Select Ride is pleased to offer accessible transportation through its Arbor Limousine division at no extra charge. We have fully accessible lift vans and hourly service. Non-accessible service is also available via your choice of taxicabs, vans, town car sedans, minibuses, or limousines. All drivers are professionally trained caregivers, so assistance with personal care tasks before and after transportation is also available. Insured and registered with the State of Michigan. Contact us for all your transportation needs.

Select Ride, Inc.
4868 Old US 23
Brighton, MI  48114
800-917-6466

Caremor is a company specializing in vehicle modifications. We do vehicle lifts, 8 to 15 seats and wheelchairs into vehicles, driving controls, lock down and restraint systems, custom door applications (suicide doors, gull wing etc.), and turning automotive seating to transport a person in and out of a vehicle in the factory seat. We also supply lowered floor converted minivans.

The People’s Express Transportation
(734) 216-6073

People’s Express Transportation is pleased to offer low cost, accessible public transportation to people in Washtenaw County and parts of Livingston and Oakland Counties. Our vehicles are fully accessible with lift vans and hourly service. People’s Express will take you anywhere you need to go: across town, to the airport, medical appointments, personal trips, education, work, and more. You decide. To schedule a trip call 734-216-6073 at least 24 hours in advance of your trip. Phone lines for scheduling a trip are open 24 hours but in order to speak with a dispatcher you must call between the hours of 10:00 AM and 3:00 PM, Monday-Friday. If you must leave a message we will return your call on the following working day. All trips are confirmed one day in advance of your trip. Our team of experienced and caring drivers look forward to welcoming you aboard the People’s Express. 734-216-6073

Rehab Transportation
47180 Ford Rd, Ste 202
Canton, MI  48187
(734) 981-1480 or (800) 306-6406

Rehab Transportation offers personalized, attentive and expert transportation for persons with special needs throughout Southeastern Michigan. Vehicles featuring hydraulic lifts with 800 lb. capacity, and 4 point tie-down with seat belts are available. We are also available to transport small groups including multiple wheelchairs. All drivers are professionally trained caregivers, so assistance with personal care tasks before and after transportation is also available. Insured and registered with the State of Michigan. Contact us for all your transportation needs.

Select Ride, Inc.
Ann Arbor, MI  48103
(734) 663-5959
TDD/TTY (734) 663-5994

Select Ride is pleased to offer accessible transportation through its Arbor Limousine division at no extra charge. We have fully accessible lift vans available for point-to-point transfers or hourly service. Non-accessible service is also available via your choice of taxicabs, vans, town car sedans, minibuses, or limousines. We go anywhere…whether you need a trip across town, to the airport – wherever you need to go! For more information or to schedule your next trip, please call Arbor Limousine at 663-5959.

Wheelchair Getaways
6005 Carisccdien Way
Ann Arbor, MI  48108
(734) 971-0277

Wheelchair Getaways rents vans by the day, week, or month-to-persons with disabilities. Our vans include full-size conversion vans with raised roof, raised door, and side-door exit. Our minivans are equipped with a dropped floor, kneeling system, and power side-door ramp. All vans have tie-downs for the wheelchair and tie-downs for the chair user. Some of our vans are equipped with hand controls, power transfer seat for the driver and power doors.
YES! I want to support the mission of the Ann Arbor CIL.

Enclosed is my gift of:  $50  $25  $50  $100  $250  Other $  

Please make check payable to: Ann Arbor CIL

Or charge my  □ Visa  □ MasterCard (Write card number below.)

Signature: ____________________________  Exp. date: __________

□ My company’s matching gift form is enclosed.

Please print your name as you wish to be acknowledged.

Name(s):  
Address: _____________________________
City: ___________________________  ZIP: __________
State: ___________________________  Phone: (____) ___________ __________
Phone: (____) ___________ __________
E-mail: ____________________________

☐ Check here if you wish to remain anonymous

Please send me information on the following:

☐ Corporate sponsorship  ☐ Planned giving, wills & bequests  ☐ Major Gift Program  
☐ Volunteer opportunities  ☐ John Weir Scholarship Endowment Fund  ☐ Capital Campaign

Gifts to the Ann Arbor CIL are tax-deductible. The Ann Arbor CIL is a 501(c)(3) tax-exempt, non-profit/MI 59-0599.

Thank you for your support. It truly makes a difference!

ANNUAL GIFT OPTIONS

If you wish to make an annual gift of $500 or more using multiple contributions, please complete the following:

☐ Yes, I would like to increase the impact of my gift by making a multi-year commitment for ________ years and a total contribution of $______.  Enclosed is my first contribution of $______

☐ No, I would like to make an Ann Arbor CIL investment of:  ☐ $500  ☐ $1,000  ☐ $2,500  ☐ Other $__________

Optional payment plans are available.

Yes, I would like to support the mission of the Ann Arbor CIL.

Enclosed is my gift of:  $50  $25  $50  $100  $250  Other $  

Please make check payable to: Ann Arbor CIL

Or charge my  □ Visa  □ MasterCard (Write card number below.)

Signature: ____________________________  Exp. date: __________

□ My company’s matching gift form is enclosed.

Please print your name as you wish to be acknowledged.

Name(s):  
Address: _____________________________
City: ___________________________  ZIP: __________
State: ___________________________  Phone: (____) ___________ __________
Phone: (____) ___________ __________
E-mail: ____________________________

☐ Check here if you wish to remain anonymous

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Thank you for your support. It truly makes a difference!

You can count on us for all your transportation needs.

• Taxicab  • Luxury Limousine  • Airport Shuttle

To select your ride, please call

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